



Copy of Copy of Product range (Document (A4)) – Document (A4)

THE 1:1 DIET

by CambridgeWeight Plan®

>40
products



SHAKES

- CHOCOLATE (LF)
- VANILLA (LF)
- CAPPUCCINO (LF)
- CHOCOLATE MINT
- BANANA
- STRAWBERRY



SHAKE-N-GO

- CHOCOLATE
- LATTE
- MIXED BERRY YOGHURT
- KIWI YOGHURT



SMOOTHIES

- STRAWBERRY & BANANA OAT
- BLACKCURRANT & APPLE
- CHERRY & STRAWBERRY



MEALS

- PASTA CARBONARA
- CHILLI CON CARNE
- SPAGHETTI BOLOGNESE (LF)
- THAI CURRY NOODLES
- CHICKEN TIKKA CURRY
- MACARONI CHEESE
- VEGE SOUP W CROUTONS



POP SQUARES

- BBQ
- CHEESE & ONION
- SALT & VINEGAR



SOUPS

- TOMATO
- VEGETABLE & CROUTON
- CHICKEN NOODLES
- LEEK & POTATO (LF)
- ORIENTAL CHILLI



PORRIDGE/CEREAL

- GOLDEN SYRUP
- ORIGINAL PORRIDGE
- MIXED BERRY
- APPLE&CINNAMON
- CHOCOLATE RICE CEREAL



WATER FLAVOURING / MOUSSE MIX

- MOJITO
- PINK LEMONADE
- RASPBERRY&ELDERFLOWER
- PINEAPPLE
- ORANGE
- LEMON&LIME
- GOLDEN VEGETABLE
- MIX-A-MOUSSE



BARS / BITES

- BIRTHDAY CAKE BAR
- ORANGE & GINGER BITES
- CHOCOLATE CHEWY
- STRAWBERRY&APPLE YOGH.
- PEANUT CRISPY
- LEMON YOGHURT
- FRUIT & NUT
- APPLE & CINNAMON
- COOKIES & CREAM
- SALTED CARAMEL BITES



REVISED SEPTEMBER 2024